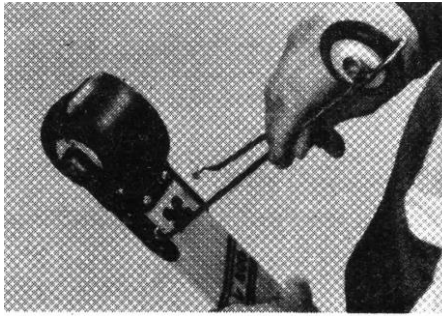
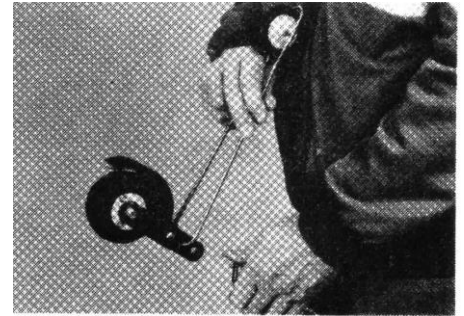


HOW TO ATTACH AND DETACH THE SUPPORT STRUTS

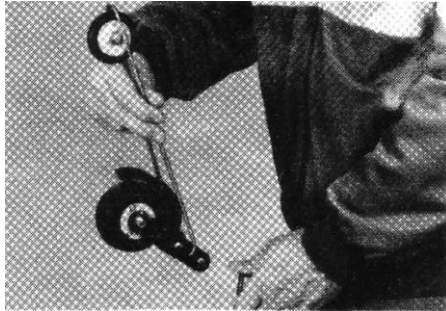
ATTACHING THE SUPPORT STRUTS ONTO YOUR ROLLER SKIS TO START CLASSICAL STYLE SKIING.



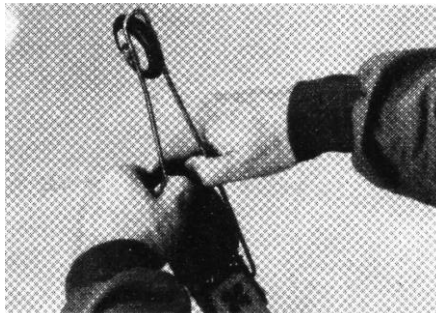
Make sure that the roller ski is well-supported. Place the ends of support strut vertically on slots in fork plates.



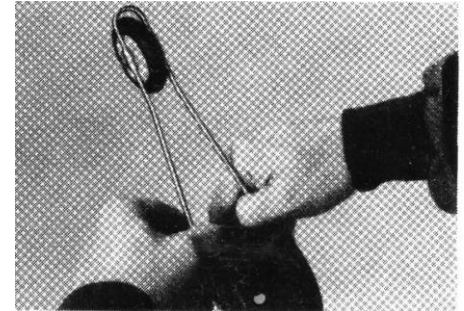
Squeeze the strut ends in the slots.



Turn the strut forward, make sure that the strut turns freely.



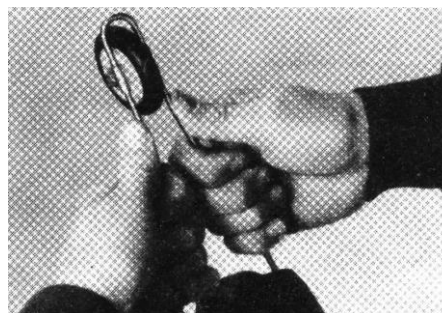
Grab the sides of the strut with your thumbs.



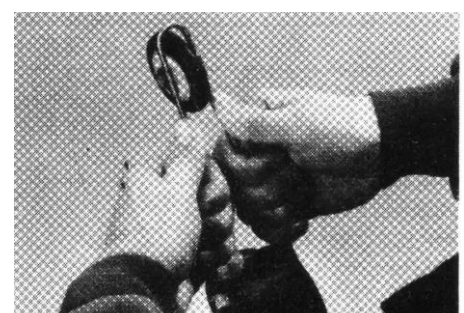
Spread the sides of the strut and slip them under the locking plates.

TO DETACH THE STRUTS FOR SKATING STYLE ROLLER SKIING, WORK AS ABOVE BUT IN THE REVERSE ORDER.

NOTE! ALWAYS DETACH THE STRUTS WHEN YOU SKI SKATING-STYLE!



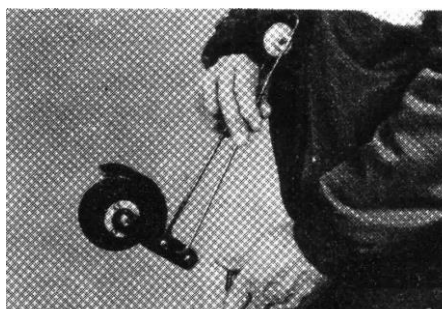
Support the ski well. Spread the strut with your fingers.



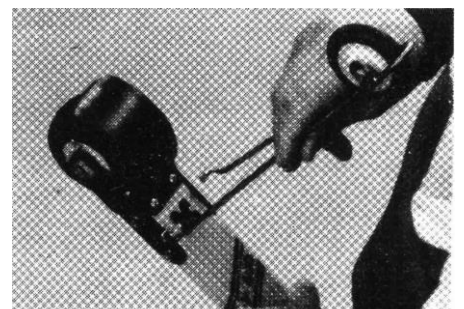
Turn the strut from under the locking plate



Turn the strut over the mudguard, one side at a time.



Turn the strut so that it is at a straight (90°) angle with the ski.



Now you can get the strut ends out from the fork plate slots and remove the strut.



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